

# 아프리카 내 에볼라바이러스병 발생 주의!

## Caution! Ebola Virus Disease Outbreak in Africa

- **콩고민주공화국에서 에볼라바이러스병 의심환자 916명(사망221명) 발생**(5.25. 기준)  
The Democratic Republic of the Congo has reported 916 suspected cases of Ebola, including 221 deaths (as of May 25th)
- **국제적 공중보건비상사태(PHEIC) 선언**(5.17.), **질병관리청 관심단계 발령**(5.17.)  
Public Health Emergency of International Concern (PHEIC) declared on May 17, 2026.
- **아프리카 대륙 공중보건 비상사태(PHECS) 선언**(5.18.)  
Africa CDC declared a Public Health Emergency of Continental Security (PHECS) on May 18, 2026.

### 에볼라바이러스병이란? What is Ebola Virus Disease?

- ✓ **에볼라바이러스에 감염된 동물 또는 사람의 혈액, 체액 등의 직접·간접 접촉을 통해 감염되는 급성 발열성·출혈성 질환**  
Ebola spreads through direct or indirect contact with the blood, body fluids, or tissues of infected animals or people.
- ✓ **초기에는 발열, 식욕부진, 무력감, 발진 등 증상이 나타나고, 이후 구토, 설사, 복통 등 위장관 증상 및 원인불명 출혈 등을 호소**  
Early signs include fever, loss of appetite, fatigue, and rash, followed by vomiting, diarrhea, abdominal pain, and unexplained bleeding.
- ✓ **국내 상용화된 백신과 치료제가 없으므로, 예방이 가장 중요!**  
No approved vaccine or treatment is currently available in Korea, so prevention is essential.



### 에볼라바이러스병 예방수칙 Prevention Guidelines for Ebola Virus Disease

- ✓ **여행건강오피셜에서 에볼라바이러스병 유행지역을 확인**  
Before departure, check the regions affected by Ebola Virus Disease on the Travel Health website.



**여행건강  
오피셜  
QR확인**

Scan QR code for  
Travel Health Official information



**야생동물  
접촉 및 섭취 금지**

(과일박쥐, 원숭이, 고릴라 등)  
Avoid contact with wild animals and  
consumption of bushmeat.  
(Fruit bats, Monkeys, Gorillas, etc.)



**아픈 사람과  
접촉 삼가하기**

Avoid close contact  
with sick individuals.



**비누로  
30초 이상 손씻기**

Wash your hands with soap  
for at least 30 seconds.



**오염된 손으로  
얼굴 만지지 않기**

Avoid touching your face  
with unwashed hands.



**의료기관 방문 및 장례식 참석 자제,  
참석 필요 시 개인보호구 착용**

(특히, 에볼라바이러스병 의심사망자 및 의심자 접촉 금지)  
Limit visits to medical facilities and funerals.  
If you must attend, wear protective gear.  
(Avoid contact with anyone suspected of having Ebola or who has died from it.)

### 입국 후 행동요령 Guidelines after Entry

- ✓ **귀국 후 21일간 발열, 발진 등 감염병 의심 증상 자가 모니터링**  
Self-monitor for suspected infectious disease symptoms, such as fever or rash, for 21 days after returning to the country.
- ✓ **의심증상 발생 시 질병관리청 1339 콜센터 상담 또는 보건소로 문의 후 에볼라바이러스 노출 위험여부에 따라 조치사항 결정**  
If suspected symptoms occur, contact the KDCA hotline at 1339 or a public health center for a consultation. Subsequent measures will be determined based on your level of risk of exposure to the Ebola virus.



**Q-CODE  
확인**

Scan QR code for Q-CODE